

Central Ohio  
Plastic Surgery

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### It's All About Balance

Researchers know that balance and symmetry play a huge part in the way the human brain processes information. That includes how our brains recognize patterns and perceive attractiveness.

So, to help patients maximize their makeovers, Dr. Lichten may recommend combining surgical procedures like tummy tuck, facelift, or brow lift with non-surgical procedures, such as BOTOX® and JUVÉDERM.

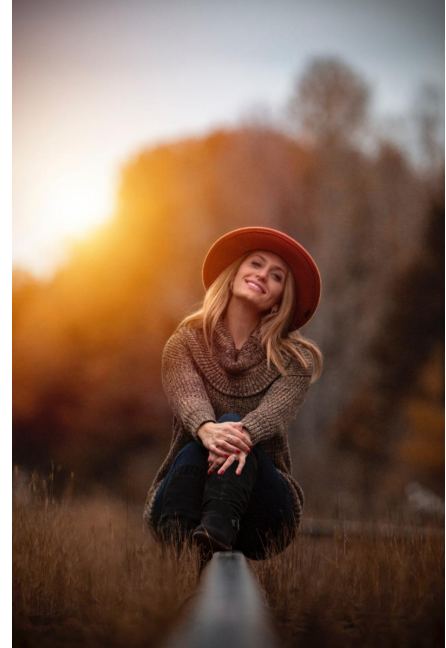
"When it comes to enhancing the way people look and feel," says Dr. Lichten, "my approach starts with listening to what may patients goals are, and

then educating them on their surgical and non-surgical options for achieving balance."



## Combination Procedures

Subtle changes can make a big difference in the final result of a procedure, explains Dr. Lichten. For example, a facelift can do wonders for rejuvenating a person's look, while using **dermal filler** to add volume to the temple area can help round out the face to give it a more youthful, symmetrical appearance.



## Natural-Looking Results

Because no two patients are alike, there is no one-size-fits-all recommendation. It's why our practice motto is: "Where art and surgery come together."

As a board-certified plastic surgeon, **Dr. Lichten** uses his extensive education, well-honed technical skills, and artistic vision to customize a treatment plan for each and every patient.

If you'd like to highlight your unique beauty and add natural-looking balance and symmetry to an area of concern, we recommend that you book a consultation with Dr. Lichten to learn more.

**BOOK A  
CONSULTATION**

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at  
Central Ohio Plastic Surgery

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- Series of 8 Tripollar treatments on the upper arms

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We combine medical training, artistic vision, and impeccable service  
for beautiful, natural results.

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